

HIGH PERFORMANCE BULLETIN 193

2020-21 World Cups and World Championships Team Nomination

Updated

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1. INFORMATION

1.1 Purpose

The strategic purpose of the Speed Skating Canada ("SSC") High Performance Bulletin for long track Team Nomination (the "HP Bulletin") is to establish provisions that are designed, ultimately, to assign athletes to Teams who will achieve consistent international medal performances and perform at the highest level internationally on behalf of Canada at the World Single Distance Championships, the 2022 Olympic Winter Games - and beyond.

1.2 Objective

The objective of this HP Bulletin is to nominate ("Nominate" and the "Nomination") medal potential athletes to World Cup and World Championships Team for Olympic Individual Distances and Team Events, subject to selection limitations arising from health and safety concerns and limited opportunities to run selection events as a result of the ongoing COVID-19 global pandemic. For greater certainty, in this HP Bulletin, "Individual Distances" shall mean "500m, 1000m, 1500m, 3000m (Ladies), 5000m, 10000m (Men) and Mass Start" and "Team Events" shall mean Team Pursuit and Team Sprint.

1.3 Definitions

Terms not otherwise defined within this HP Bulletin shall have the meanings set forth below:

Team: Consists of Athletes who have been Nominated and who have accepted their

Nomination to a World Cup, World Championship, or Olympic Games Event.

Event: Any ISU World Cup, ISU Neo-Senior World Cup or ISU World Championships

(Senior or Junior) will be identified.

Selection Event: The Event where the bases for athlete Nomination to one or more Teams will

occur.

HPC-LT: HPC-LT consists of up to three volunteer members of the High Performance

Committee – Long Track and the Chair (a staff member of SSC appointed at the sole, full and absolute discretion of the SSC Chief Executive Officer (the

"CEO")).

1.4 Nomination Decision

The final Team Nomination shall be made at the sole, full and absolute discretion of the Chair. When applicable, the Chair shall consult relevant individuals to provide technical recommendations pursuant to this HP Bulletin.

1.5 Authority

All decision-making authority and all accountability reside with the Chair.

1.6 Conflict of Interest

In the exercise of the authority, if any, granted above, any and all members of the HPC-LT, as described above have the obligation to apply SSC's Conflict of Interest Policy in the exercise of their duties and as found at the following location:

http://www.speedskating.ca/sites/speedskating.ca/files/int400-conflictofinterestpolicy.pdf

In the case where any member of the HPC-LT is deemed to have or declares a conflict of interest in relation to a specific decision, or when a member of the HPC-LT has advised that such member will be unable to complete her or his duties under this HP Bulletin, a member of the Short Track High Performance Committee (the "**HPC-ST**"), selected by the remaining members of the Nomination Committee, will attend all meetings related to such decision in his or her place. If such member of the HPC-ST is unable to attend or if there are two or more members of the HPC-LT in a conflict of interest, such members will be replaced by an additional member(s) of the HPC-ST.

1.7 Quorum

A quorum for any meeting of the HPC-LT will consist of a majority of the HPC-LT members serving on the HPC-LT at the time of such meeting or decision. Any members found to be in a conflict of interest according to Section 1.5 above cannot be counted for quorum or for advising purposes on the topic(s) in which the member is in a conflict of interest.

Should quorum not be present when advising on a particular topic, either due to a declared conflict of interest or to the absence of one or more committee members, then a member of the HPC-ST will advise in his or her place. If such member of the HPC-ST is unable to attend such meetings or if there are two or more members of the HPC-LT in a conflict of interest or absent, such members may be replaced by the additional members of the HPC-ST. Voting shall be conducted as necessary in order to advise on the final recommendation of the committee.

1.8 Announcements

SSC will issue HP Bulletins throughout the season informing athletes, coaches, and other relevant SSC Committees and SSC Branches ("PTSOs") of updates and/or changes with respect, but not limited, to selection criteria and/or competitions. All HP Bulletins will be posted on the SSC Website.

As indicated herein, any amendments as per Section 1.8 of this HP Bulletin will be communicated through the release of additional Bulletins specifying the changes.

1.9 Amendments and Unexpected Circumstances

1.9.1 Changes to this Document

The Chair reserves the right to make changes to this HP Bulletin which, in the Chair's sole, full and absolute discretion, are necessary to ensure Nomination of the best Teams possible for the World Cups, World Speed Skating Championships and the Olympic Games. Any changes to this document shall be communicated to the HPC-LT and all high performance program athletes potentially eligible for a Team Nomination by sending an electronic communication to relevant athletes and their coaches, and also posting of the changes to the SSC website.

All athletes and coaches are reminded that it is their obligation to understand this HP Bulletin and to make themselves aware of any subsequent changes. Athletes are encouraged to check with

their coach(es), athlete representatives, the Chair or the SSC HP program staff to confirm if there are any changes to this HP Bulletin.

This clause shall not be used to justify changes to the HP Bulletin after a Selection Event which formed part of the Chair's Nomination process unless it is related to an unforeseen circumstance. The purpose of this clause is to allow for changes to this document, or International Skating Union (the "I**SU**") communications, that may become necessary due to a typographical error, a lack of clarity in a definition or wording before it has an impact on athletes. The purpose of such changes must be identified to avoid disputes over the meaning of the provisions of this document rather than who to allow changes to be made to justify the Nomination of different athletes than would have otherwise been Nominated. Such changes must be reasonably justifiable in accordance with fundamental principles of natural justice and procedural fairness.

1.9.2 Unexpected Circumstances

Should the Chair determine that unexpected or unusual circumstances have arisen during the process of applying this HP Bulletin, including but not limited to any changes to the format, timing or location of the 2021 World Cups and 2021 World Speed Skating Championships arising from the Covid-19 global pandemic or any changes to public health recommendations by SSC, the Canadian Olympic Committee, the ISU, the Government of Canada, the World Health Organization or the European Union related to the Covid-19 global pandemic, the Chair shall have the sole, full and absolute discretion to resolve the matter as he or she sees fit, considering factors and circumstances that he or she deems in its sole, full and absolute discretion as relevant.

In the event of unforeseen circumstances beyond the control of SSC, including but not limited to any changes to the format, timing or location of the 2021 World Cups and 2021 World Speed Skating Championships arising from the Covid-19 global pandemic or any changes to public health recommendations by SSC, the Canadian Olympic Committee, the ISU, the Government of Canada, the World Health Organization of the European Union related to the Covid-19 global pandemic, that prevent SSC from implementing the Nomination procedures fairly, as written, the Chief Sport Officer (the "CSO") of SSC, or in the absence of a CSO, the CEO or in the absence of the CEO, such person the Board of Directors shall appoint, shall have the sole, full and absolute discretion to resolve the matter as he or she sees fit, taking into account factors and circumstances that he or she deems relevant.

Any such exercise of discretion shall be subject to the Canadian administrative law principles of fairness.

1.10 International Skating Union Regulations

The International Skating Union (the **"ISU**") regulations specific to the discipline of Speed Skating (long track) can be found at: <u>SPECIAL REGULATIONS & TECHNICAL RULES SPEED SKATING</u> as accepted by the 57th Ordinary Congress June 2018 which will determine the allocation process for quota positions available for each Event, Individual Distance and/or Team Event to each Member Federation.

2. GUIDELINES

2.1 International Skating Union Qualification

The applicable ISU Qualifying Times and conditions for approval of achieved Qualifying Times will be announced in <u>ISU Communications</u>. For convenience, ISU Qualifying Times are also included in Appendix A of this HP Bulletin.

2.2 Athlete Eligibility

In accordance with ISU rule 208, all athletes must meet the relevant ISU eligibility requirements in order to be considered for Nomination to an Event. In order to be eligible for Nomination to the Team, the athletes must also meet all of the following eligibility conditions:

- Be a Canadian citizen;
- Hold a valid Canadian passport that is valid for at least six months following the Selection Event:
- Meet the ISU citizenship and nationality criteria in order to be eligible;
- Hold a duly valid membership according to Speed Skating Canada's 2019-2020 Athlete Agreement and be a member in good standing;
- Have signed the SSC Declaration to Compete Agreement (Appendix B) no later than two
 weeks prior to the Selection Event in the case of pre-selected athletes, and no later than
 immediately following the Selection Event for all other athletes;
- Sign and submit the ISU Declaration Form no later than two weeks prior to the ISU Event.

2.3 Removal of Athletes

The Chair reserves the right to remove an athlete from competing at an Event if medical advice is such that competing in the Event would be potentially injurious to the Nominated athlete or if the athlete has not recovered sufficiently from an existing injury or illness.

2.4 Appeals

Following the announcement of the Team for an Event or Events, an athlete has 7 calendar days within which to appeal the decision in accordance with the Speed Skating Canada Appeals Policy.

3. Process

The Chair will Nominate athletes for each specific Event in accordance with the following general procedures. Athletes will be nominated, in order of priority, to a Team by one of three methods:

- Pre-selection
- Performance/results at designated Selection Event(s) as detailed in this Bulletin. Nomination is subject to any Bye request application being granted (See Appendix C)
- Additional athletes may be added for Nomination to the Team at the sole, full and absolute discretion of the Chair considering performance potential in the Team Pursuit and Mass Start.

3.1 Pre-Selection

Pre-selection decisions will be based on specific and objective results obtained by the athlete during the past or present skating season, in Individual Distances, and are not subject to any decisions made with regard to Bye request application. A pre-selection may or may not be available for all Events or Individual Distances. The pre-selection for each Event is detailed in the relevant Event section within this HP Bulletin.

- Pre-selection shall be determined before any such Selection Event, and therefore all athletes participating in the competition will be notified of the number of positions available for selection through performance results. A minimum of one quota spot will be reserved for a pre-selected athlete per Individual Distance that does not already have a quota spot occupied by an athlete who is pre-selected to the 2021 World Cups 1 and 2 on the basis of such athlete's top 5 finish position at the 2020 World Single Distance Championships.
- In the case of Mass Start up to the maximum quota of 2 spots for the 2021 World Cups 1 and 2 may be occupied by pre-selected athletes if both such athletes finished in the top 3 at the 2020 World Single Distance Championships.

Because SSC is unable to host a Selection Event during the 2020-2021 season due to the Covid-19 global pandemic, the Chair has the sole, full and absolute discretion to select such number of medal potential athletes for Olympic Individual Distances or Team Events as he deems appropriate in consultation with HP program staff and coaches.

Athletes who are pre-selected in a specific Individual Distance will be included in the maximum Team Nomination quota for each specified Event. Additional athletes may also be pre-selected at the sole, full and absolute discretion of the Chair.

Pre-selection is normally restricted to a maximum number of athletes as detailed within each Event section of this HP Bulletin. However, the Chair has the sole, full and absolute discretion to pre-select additional athletes to an Event if the performance(s) of an athlete, in the opinion of the Chair, is/are clearly superior to others in contention for selection and that these performances warrant such pre-selection.

3.2 Performance Results at Selection Events

Selection on the basis of performance results at designated Selection Event(s) is subject to any decisions made with regard to Bye request applications (see Appendix C).

Designated Selection Events will be named for the 2021 World Cups and 2021 World Speed Skating Championships Teams.

In case of a tie in an Individual Distance at the designated Selection Event, times will be used to the thousandth of seconds. If a tie still exists, head-to-head comparisons of the athletes will be made by the Chair in the following order:

- results at the most recent international Event in which both athletes raced that same Individual Distance (on the same day and in the same start group (Group A or Group B)) and;
- if no such results exist as indicated above, results at the 2020 WSD Skate-off will be used, where both athletes raced that same Individual Distance (on the same day) and;
- if no such results exist in both instances above, results from an ISU sanctioned event in the 2019-2020 season, where both athletes raced that same Individual Distance (on the same day).

3.3 Mass Start and Team Pursuit

3.3.1 Team Pursuit

Athletes will be named by the Chair to the Team Pursuit Pools (Ladies and Men) at the time athletes are Nominated to the 2020 World Cups and 2021 World Speed Skating Championships. The athletes Nominated to the Team Pursuit Pools will be selected based on the following priorities (listed in order of importance):

- 1. Athletes who have qualified for an Individual Distance at the World Cups or World Championships Events in which a Team Pursuit will be contested.
- 2. At the sole, full and absolute discretion of the Chair, additional athletes may be added to the Team Pursuit Pool in order to field a competitive Team Pursuit Team.
- 3. The Chair may, in his or her sole, full and absolute discretion, grant an athlete a Bye onto the Team Pursuit Pool.

The Team Pursuit Team selected for each Event will be determined by the Team Pursuit coach and/or the HP program staff and coaches at each Event as per, but not limited to the composition identified in Appendix D.

3.3.2 Mass Start

Subject to Byes, the Chair may, in his or her sole, full and absolute discretion, Nominate athlete(s) to the Team for Mass Start (up to quota) based on the recommendation by the coaches. In Nominating an athlete for the Team for Mass Start, the Chair may in its sole, full and absolute discretion consider the following (listed in no particular order of priority):

- Athletes who have met the Mass Start Profile (as defined below), where at a minimum, each such athlete has achieved at least one A-standard qualifying time;
- Results at the respective Selection Events for the Mass Start and other Individual Distance(s);
- Athletes who have been Nominated in other Individual Distance(s);
- International historical Mass Start performances of the athlete;

- Ability of such athlete to work together with the other mass start athletes, for the best Canadian Team result and;
- Other factors as may be identified by the Mass start coaches or the HP program staff.
- Athletes will be entered into a Mass Start Pool based on the Mass Start Profile indicated below and must finish in first place at Canadian Long Track Championships or World Single Distance Championship Skate-off to be eligible for Nomination to compete in the Mass Start events. To be part of the Mass Start Pool, results beginning with the 2019-2020 season will be considered.

Ladies Men A Standard B Standard A Standard **B** Standard 1500m 1:57.32 1:58.82 1:45.70 1:47.20 3000m 4:08.18 4:11.18 ---6:28.08 5000m ------6:22.08

Table 1. Mass Start Profile A & B Standards

3.4 Filling Entry Quota

If the processes herein result in less than the maximum Team quota being selected for either gender, the Chair has the sole, full and absolute discretion to Nominate, or not to Nominate, any remaining Team positions. For greater certainty, the Chair may determine in his or her sole, full and absolute discretion not to fill the maximum Team entry quota.

3.5 Unfilled Entry Quota

In the event that entry quota spots in an Individual Distance remains unfilled, the athlete who may fill such vacancy may be selected from athletes already selected to the Team in the following order of priority:

- 1. the finishing order per distance and gender from the Selection Event; and
- 2. the sole, full and absolute discretion of the HP program staff and/or coaches at each Event.

3.6 Financial Support

SSC will financially support a maximum number of Nominated athletes to Events as per Appendix E. This number may be reduced or increased at the sole, full and absolute discretion of the Chair, for budgetary reasons or other considerations.

4. ISU WORLD CUP TEAM NOMINATION

4.1 ISU World Cup Schedule

As per ISU Communication 2360, the following ISU World Cup schedule has been set:

ISU World Cup 1 January 22-24, 2021	Team Pursuit 1500m, 500-1, Mass Start 500m-2, 3000m (L), 5000m (M), 1000m
ISU World Cup 2	Team Pursuit
January 29-31, 2021	1500m, 500-1, Mass Start
	500m-2, 3000m (L), 5000m (M), 1000m

4.2 Entry Quota

In accordance with ISU Communication 2360 for ISU World Cup Speed Skating 2020/21, 3.1.3 Entry Quotas for World Cup 1 & 2: SSC has been granted maximum entry quotas for all events, stated as follows:

Ladies	Ladies	Ladies	Ladies	Mass
500	1000	1500	3000/5000	Start
4	4	4	4	2
Men	Men	Men	Men	Mass
500	1000	1500	5000/10000	Start
4	5	4	4	2

4.3 Qualifying Time

Unless otherwise pre-selected in accordance with Section 4.4.1. below, in order to be nominated for ISU World Cup 1 and ISU World Cup 2, an athlete must have achieved the ISU World Cup Qualifying Time as listed in Appendix A in accordance with ISU Communication 2360, 3.1.2 Qualifying Times at an ISU sanctioned competition between the time period of July 1, 2019 and the date upon which the Chair Nominates the Teams to compete at the 2021 World Cups and 2021 World Speed Skating Championships (the "Qualifying Period").

4.4 ISU World Cup 1 and ISU World Cup 2 - Nomination

4.4.1 Pre-Selection

Athletes Nominated to the 2020 World Single Distance Championships will be pre-selected to compete in the ISU World Cup 1 and 2 in the Individual Distance(s) in which they competed at the 2020 World Single Distance Championships.

4.4.2 Performance Results

Selection Events: 2020 World Single Distance Championships ("WSD Championships"), February 13-16, 2020

Athletes who have achieved the Qualifying Time in one or more Individual Distance during the Qualifying Period may be nominated to the Team in order of priority as follows up to the maximum entry quota allocated (Section [4.2]):

- 1. Athletes already selected pursuant to Section 4.4.1;
- 2. Athletes who are (a) already selected pursuant to Section 4.4.1 to participate in one or more Individual Distances at the ISU World Cup 1 and 2 and (b) with respect to one or more other Individual Distances in which Canada's quota positions remain unfilled, the next ranked skater in such Individual Distance from the 2019 CLT Championships or 2020 WSD Skate-off:
- 3. The Chair may, at his or her sole, full and absolute discretion, nominate additional athlete(s) to the Team or choose to exclude athletes from the Team in order to (a) field the most competitive team and (b) protect the health and safety of all athletes and coaches participating in the Events.

5. WORLD CHAMPIONSHIPS TEAM NOMINATION

5.1 Schedule

As per ISU Communication 2361, the following World Championships schedule has been set:

2021 World Speed	3000m (L), 5000m (M)		
Skating Championships	500m, Team Pursuit		
February 11-14, 2021	1000m, Mass Start		
	1500m, 5000m (L), 10000m (M)		

5.2 Entry Quota

5.2.1 World Speed Skating Championships

In accordance with ISU Communication 2361, ISU Rule 208, 2.1.1, Entry Quota for the World Speed Skating Championships will be allocated to ISU members according to the Special Qualification Ranking List (the "SQRL" time ranking) for each competition based on the results achieved in designated World Cup Events during the season.

5.3 World Speed Skating Championships – Nomination

Canada is permitted to enter a maximum quota of three (3) skaters per distance at the World Speed Skating Championships for the 500m, 1000m and 1500m for both Ladies and Men, 3000m for Ladies and 5000m for Men. A maximum quota of two (2) is permitted for the Mass Start in both Ladies and Men, 5000m for ladies and 10000m for men. The quota will be determined in accordance with ISU Rule 208, 2.1.2.

The Chair may, in its sole discretion, grant an athlete a Bye onto the World Speed Skating Championships Team due to illness, injury or exceptional circumstances as per Appendix C of this Bulletin.

5.3.1 Pre-Selection

Athletes will be pre-selected in order of their finish position in the respective Individual Distance at the 2020 World Single Distance Championships up to the quota places pre-allocated to Canada in accordance with ISU Communication 2361, 3.2.1, Annex#1.

Should a pre-selected athlete decline their spot then the pre-allocated quota spot shall go to the next ranked athlete in the respective Individual Distance at the 2020 World Single Distance Championships. If there is no next ranked athlete, then the criteria outlined below in Section 5.3.2 shall apply.

5.3.2 Performance Results

Selection Event: 2021 World Cups 1 & 2 (SQRL time ranking)

Athletes who have been nominated to 2021 Worlds Cup 1 & 2 will be nominated to the World Speed Skating Championships Team in order of priority as follows:

- 1. Athletes already selected pursuant to Section 5.3.1.
- 2. Subject to Byes, athletes who are the next ranked skater in the respective Individual Distance on the 2021 SQRL time ranking list and according to Entry Quota determined by the ISU.
- 3. At the sole, full and absolute discretion of the Chair, skaters may be added to the Team, from the Team Pursuit Pool (as per Section 3.3.1) in order to field a competitive Team Pursuit Team.

5.3.3 Reserve Positions

Reserve positions are in name only and should Canada receive reserve spots (which are based on the SQRL time ranking list), the next ranked skater from the SQRL time ranking list for the respective Individual Distance will be entered should the position become available.



APPENDICES

APPENDIX A: ISU QUALIFYING TIMES

As per ISU Communications, in order for a result to be a valid Qualifying Time, it must have been achieved in an ISU sanctioned event in the period between July 1, 2019 and the entry deadline for the ISU World Cup or World Championship Event concerned. For the Mass Start and Team Events, any of the listed Qualifying Times will apply.

The ISU Speed Skating Technical Committee has determined Qualifying times required for participation in ISU Speed Skating Championships. For all ISU Championships, except for the ISU World Junior Speed Skating Championships, two alternative sets of Qualifying times have been defined. The slower Qualifying time, listed in (brackets), applies for results achieved outside the high altitude ice rinks in Calgary (Olympic Oval), Salt Lake City (Utah Olympic Oval) and Ürümqi (Xinjiang Ice Sports Center). The following Qualifying time limits apply for ISU Speed Skating Championships:

ISU World Cup Qualifying Times

ISU World Cup

To be entered, a skater must have achieved the following Qualifying Time.

	Ladies	Men
500m	39.50 (40.00)	35.70 (36.20)
1000m	1.19.00 (1.20.00)	1.11.00 (1.12.00)
1500m	2.00.50 (2.02.00)	1.49.00 (1.50.50)
3000m	4.19.00 (4.22.00)	
5000m		6.40.00 (6.45.00)

ISU World Championships Qualifying Times

World Speed Skating Championships

To be entered, a skater must have achieved the Qualifying Time in all Individual Distance entered.

	Ladies	Men
500m	40.00 (40.50)	36.20 (36.60)
1000m	1.20.00 (1.21.00)	1.11.90 (1.12.80)
1500m	2.03.00 (2.05.00)	1.51.00 (1.52.50)
3000m	4.24.00 (4.28.00)	
5000m 7.25.00 or 4.15.00		6.48.00 (6.52.00)
	(7.32.00 or 4.20.00)	
10000m		13.40.00 or 6.35.00
		(13.50.00 or 6.40.00)

APPENDIX B: DECLARATION TO COMPETE

Please place an "X" under the following Individual Distances in which you would like your Nomination to be considered, for each corresponding Event.

This form does not confirm your participation in the events listed, only that you intend to compete if Nominated and accept your Nomination.

Frank	F00(1)	F00(0)	1000	1500	2000	F000	10000	MC
Event	500m(1)	500m(2)	IUUUM	1500m	3000m	5000m	10000m	MS

ISU World Cup 1				
Heerenveen, NED				
ISU World Cup 2				
Heerenveen, NED				
ISU World Speed				
Skating Championships				

By signing this Declaration to Compete, you agree to the Guidelines set forth in Section 2 of this HP Bulletin 193 and agree to participate in the Individual Distances indicated if Nominated and selected to the Team.

Athlete Signature	Date	
Coach Approval - Signature	 Date	

Name:

APPENDIX C: GUIDELINES FOR THE ALLOCATION OF BYES

To World Cups and World Championship Teams

Philosophy

In exceptional and unforeseen circumstances, the Chair may, in his or her sole, full and absolute discretion, determine that, where an athlete has not had the opportunity, through no fault of his or her own, to compete in the Selection Event(s) in order to be selected to a Team, or if the athlete participates in the Selection Event(s) but his or her performance is negatively impacted by an injury, illness or equipment breakage, the athlete may, subject satisfying the conditions indicated below, be eligible to apply for selection to the relevant Team by making a Bye request.

A Bye request is the last means by which an athlete can be selected to a Team and it is intended to apply only in exceptional circumstances when an athlete's selection to a Team is impacted by an unforeseen injury or illness or other unanticipated circumstance, such as equipment breakage. For the avoidance of doubt and in the interest of clarity, Byes are not available for athletes to be preselected to any Team.

Note the following Bye policy and procedures are applicable only to athletes applying for byes onto the World Cup and World Championship Teams, the selection for which is outlined in this HP Bulletin 193.

In ordinary circumstances, SSC will not grant an athlete a Bye onto a Team or into an event if that athlete has not previously satisfied the relevant and applicable criteria in order to be selected to the specific Team or in the specific Individual Event on the basis of their performances. However, and notwithstanding the aforementioned, if, compared to the performances of the other athletes seeking Nomination onto a Team or into an event, an athlete's recent performances demonstrate that they are at a superior level that would warrant Nomination onto a Team or that they should be granted permission to enter an event through a Bye, the Chair may, after consulting with the relevant national team coaches, and assessing the athlete's Bye request in accordance with this HP Bulletin, grant the athlete a Bye for such a purpose.

Rules for Requesting a Bye to World Cups and World Championship Teams

 Bye Requests to the World Cup and/or World Championship Team Selection can only be made by athletes who finished in the Top 8 and Top ½ in an Olympic event at the 2020 World Single Distance Championships.

- Bye Requests to the World Junior Championship Team Selection can only be made by Junior athletes who finished in the Top 8 and Top ½ at the 2020 World Junior Championships in an individual distance (excluding Mass Start).
- Bye requests must be made in writing to the HPC-LT in accordance with the timelines and procedures indicated below and herein.
- Unless physically incapable, only the athlete requesting a Bye is permitted to submit the request.
- If the Bye request is made as a result of an illness or injury, the athlete must provide
 documented evidence from a qualified Long Track appointed medical practitioner that the
 athlete was unable to compete in the Selection Event(s) due to the injury or illness. The
 HPC-LT has the right to request further independent medical review after the Bye request
 has been submitted.
- In the case of a Bye request being made on the basis of equipment breakage, the request
 has to have been reported to and verified by the race referee and the High Performance
 staff (or other member of the HPC-LT if the High Performance staff member is not available
 or present) immediately following the race in which the equipment breakage occurred.

Conditions for Applying for a Bye

Bye requests will be considered in two categories:

1. Pre-competition Illness or Injury

Pre-competition illness or injury, which prevents an athlete from competing in the Selection Event will only be considered if the athlete is ill or injured before the beginning of the Selection Event and the athlete is able to provide documentary evidence of their injury or illness. The athlete must request a Bye prior to the coaches meeting, or daily draw, for which the athlete is requesting the Bye. SSC staff and/or HPC-LT must formally announce all pre-competition illness or injury Bye requests at this meeting so that all other competitors are made aware of the possibility of a Bye being granted.

In the case of selection to the Team Pursuit Team, where a cumulative ranking from multiple distances may be used, an athlete is eligible to make a Bye request if they are prevented from competing in one of the combined distances due to a pre-existing illness or injury.

A Bye request will be deemed ineligible if the athlete subsequently competes in the Selection Event for which the Bye request is made.

In the case of selection being based upon a cumulative ranking from multiple events, an athlete is eligible to apply for a Bye request to a subsequent ranking event (as specified in the relevant HP Bulletin) if they are prevented from competing in one of the ranking events due to a pre-existing illness or injury.

A Bye request must be made within 24 hours following the end of the competition unless the athlete is physically incapable of making this request (in such a case, the athlete's coach may make the request within 24 hours following the end of the competition).

2. Injury, Illness or Equipment Breakage During the Selection Event

A Bye request for injury or illness or equipment breakage that occurs during the Selection Event must be made within 24 hours following the end of the Selection Event unless the athlete is physically incapable of making this request (in such a case, the athlete's coach may make the request).

Each Bye request must state clearly what the athlete is seeking, and supporting documentation (medical, race referee report, for example) must be provided at the time that the request is made.

Process for Reviewing a Bye Request

The following outlines SSC's process for considering Bye requests:

Following the completion of the Selection Event(s), the HPC-LT will review all Bye requests and the Chair, in his or her sole and absolute discretion will make a decision on each Bye request with supporting rationale:

- In cases where multiple Bye applications are submitted, each Bye application will be assessed individually and on their own merit.
- If relevant, the HPC-LT will establish a revised ranking of athletes based upon the Selection Event(s) and an assessment of previous performances from those who have requested a Bye and the final Nomination will be made from the revised ranking.
- After the Chair makes its final decision regarding to a Bye request, its decision will be communicated to the athlete(s) requesting the Bye, athlete(s) directly affected by the Bye request, their coaches, and the athletes' representatives prior to the final nominations allowing for the required 7 day period for the submission of an appeal, unless the deadline for nomination precedes this 7 day period. Under such circumstances, the HPC-LT will be notified that an appeal has been received and is under review.

Conditions for Granting a Bye

When considering whether or not to grant a Bye in cases where an athlete has been injured or affected by an illness, the Chair must first consider the medical condition of the athlete, the degree to which the athlete has followed the prescribed rehabilitation process, and his/her readiness to return to competition and compete at their previous performance level according to feedback received from the medical team and the athlete's coach(es). If any of the above conditions are not respected by the athlete, the Bye may be refused on that basis alone.

The Chair may award a "Conditional Bye" to athletes recovering from injury or illness. In such situations, the Chair may impose certain conditions, which may include, but are not limited to a specific timeframe within which they must demonstrate a certain level of fitness or meet a specific performance requirement (or requirements).

While making Bye decisions the Chair will evaluate a number of elements including, but not limited to the following:

- Head-to-head competition results between the athletes making the Bye request and those athletes that would be affected if the Bye request is granted.
- Past performances of the athlete requesting the Bye.

- Results of the Selection Event(s) (by athletes in contention for the Team).
- Recent training and testing performances

In evaluating past performances, the Chair will assign higher weighting priority to those performances from the 12-month period immediately prior to the final selection event. However, occasionally this is not possible because of injuries, or the lack of opportunity for the athletes to compete. In such instances, performances beyond this 12-month period may be considered but will have a lower weighting in assessing the Bye request.

Other than Mass Start, following the consideration of the Bye request, the Chair may, at his or her sole, full and absolute discretion, award a Bye to an athlete who is:

- 0.5 sammelagt points faster than the last athlete selected in a specific distance based on the race skated at the selection event (that would mean 0.5 seconds in the 500m, 1 second in the 1000m, 1.5 seconds in the 1500m,3 seconds in the 3000m, 5 seconds in the 5000m, and 10 seconds in the 10000m); or,
- 0.5 sammelagt point per race skated for a selection over cumulative points (4 distances skated = 2 sammelagt points, 500m skated twice = 1.0 sammelagt point).

In assessing the past performances of the athlete requesting the Bye and the history of the athletes who may be impacted by the Bye request (if granted), the Chair will give priority weighting to the best time (in ISU sanctioned events) of the athletes involved during the last 12 months including the selection competition(s).

For Mass Start, the Chair may, at its sole, full and absolute discretion, award a Bye to an athlete after the consideration of the factors and requirements described in this Appendix C, other than the sammelagt considerations described above.

In the case of a multiple Event Nomination if an athlete cannot complete the selection competition due to exceptional circumstances (Section 1.9.2), the missing distances will be evaluated by using the personal best time (in the last 12 months) for the athletes involved.

The Chair will only consider an athlete's personal best time for that distance recorded as far back as July 1, 2018. This time must be achieved in speed skating events listed on the ISU International Calendar or ISU sanctioned Domestic Events and have electronic timing.

Injury Replacements

In the event that an athlete is selected to the Team on the basis of a successful Bye request, they will be required to provide evidence of a full recovery, both from a medical perspective and also a performance perspective, in order to confirm their selection to the Team.

The determination of what constitutes full recovery will be made by SSC Team medical and coaching staff and will be based upon an assessment of the athlete's ability to perform at their previously demonstrated level of performance and such other criteria as determined by the Chair in his or her sole, full and absolute discretion.

If an athlete is injured following their nomination to the Team, the same conditions for full medical and performance recovery as described above will apply.

APPENDIX D: TEAM PURSUIT COMPOSITION

The specific composition of the three (3) or four (4) members Team Pursuit Team, if applicable, that will compete at the Event, including the athletes that will compete in each Event, will be determined at the sole, full and absolute discretion of the Team Pursuit coach(es) and/or Team Leader.

Different weightings will be determined according to the importance of factors considered in the decision- making process as they deem appropriate with the goal of fielding the best possible Team Pursuit Team. The following factors will be considered along with any other factors deemed relevant:

- Medal potential of the individual athletes selected to the Team;
- Medal potential of the Team Pursuit Team with the athletes qualified in an individual distance;
- Historical individual and team pursuit performances;
- Availability and commitment to train as part of the Team Pursuit Team;
- International experience in the event of Team Pursuit;
- International performance profile in the event of Team Pursuit;
- Fit with other athletes already qualified for the Team and selected to be part of Team Pursuit Team:
- Other factors as may be identified, by the Team Pursuit coach(es) and/or Team Leader.

APPENDIX E: SSC FUNDING MODEL FOR WORLD CUPS AND WORLD CHAMPIONSHIPS

World Cups and World Championships (Senior)

	World Cup 1&2 (NED)	World Speed Skating Championships (NED)
Entry Quota (number of	As per quota	As per quota
potential athletes)		
Maximum Nomination Funded	Up to quota, as	Up to quota, as approved
by SSC (number of athletes)	approved by the Chair	by the Chair
Partial Funded (by ISU for	0	Up to quota by ISU
Accommodation and Meals)		
Self-Funded	0	0