



**SPEED
SKATING
CANADA**
**PATINAGE
DE VITESSE
CANADA**

House of Sport, RA Centre
2451 promenade Riverside Dr
Ottawa, ON K1H 7X7
Canada

T 613 260 3669

E info@speedskating.ca

speedskating.ca

patinagedevitesse.ca

MEMO

December 10, 2021

RE: Bulletin 197 – 4Continents Matrix

The below entry quota and matrix were developed based on the release of the official SQRL as of December 10, 2021.

In accordance with ISU Communication 2426 and ISU Rule 208, SECTION 2.5, SSC has been granted the following entry quota for 4Continents Championships and up to a maximum entry of 10 women and 10 men:

Women 500	Women 1000	Women 1500	Women 3000	Women Mass Start
3	3	3	3	2
Men 500	Men 1000	Men 1500	Men 5000	Men Mass Start
3	3	3	3	2

As per Bulletin 197 2021-2022 World Cups and World Championships Team Nomination, Section 5.4, nomination for ISU 4Continents Championships will be based on the following:

5.4.1 Pre-Selection

In accordance with Section 5.2.1, up to 10 men and 10 women may be pre-selected to the 4 Continents Team on the basis of the order of their finish position in an Individual Distance on the SQRL (based on World Cups 1-3). These athletes will then be ranked according to the 4 Continents Matrix (below).

4 Continents Matrix – Women

Rank	Distance	Gender	Position	Name
1	MS	W	1	<i>Ivanie Blondin</i>
2	3000m	W	1	<i>Isabelle Weidemann</i>
3	3000m	W	2	<i>Ivanie Blondin</i>
4	3000m	W	3	<i>Valerie Maltais</i>
5	MS	W	2	<i>Valerie Maltais</i>
6	1500m	W	1	<i>Ivanie Blondin</i>
7	1500m	W	2	<i>Isabelle Weidemann</i>
8	500m	W	1	<i>Marsha Hudey</i>
9	500m	W	2	<i>Brooklyn McDougall</i>
10	500m	W	3	<i>Heather McLean</i>
11	1000m	W	1	<i>Valerie Maltais</i>
12	1500m	W	3	<i>Valerie Maltais</i>
13	1000m	W	2	<i>Maddison Pearman</i>
14	1000m	W	3	<i>Alexa Scott</i>



**SPEED
SKATING
CANADA**
**PATINAGE
DE VITESSE
CANADA**

House of Sport, RA Centre
2451 promenade Riverside Dr
Ottawa, ON K1H 7X7
Canada

T 613 260 3669

E info@speedskating.ca

speedskating.ca

patinagedevitesse.ca

4Continents Matrix – Men

Rank	Distance	Gender	Position	Name
1	500m	M	1	<i>Laurent Dubreuil</i>
2	5000m	M	1	<i>Ted-Jan Bloemen</i>
3	1000m	M	1	<i>Laurent Dubreuil</i>
4	5000m	M	2	<i>Graeme Fish</i>
5	1500m	M	1	<i>Connor Howe</i>
6	MS	M	1	<i>Antoine Gelinias-Beaulieu</i>
7	1000m	M	2	<i>Antoine Gelinias-Beaulieu</i>
8	1000m	M	3	<i>Connor Howe</i>
9	5000m	M	3	<i>Jordan Belchos</i>
10	1500m	M	2	<i>Tyson Langelaar</i>
11	MS	M	2	<i>Jordan Belchos</i>
12	500m	M	2	<i>Gilmore Junio</i>
13	500m	M	3	<i>Alex Boisvert-Lacroix</i>
14	1500m	M	3	<i>Antoine Gelinias-Beaulieu</i>

For the full selection policies and procedures, please refer to Bulletin 197. In the event of a discrepancy between this memo and Bulletin 197, Bulletin 197 shall prevail.

Thank you,

Cathy Tong
Director, High Performance - Long Track (Interim)
/ Directrice, haute performance - longue piste (Intérim)

T 403 615 5962

E ctong@speedskating.ca